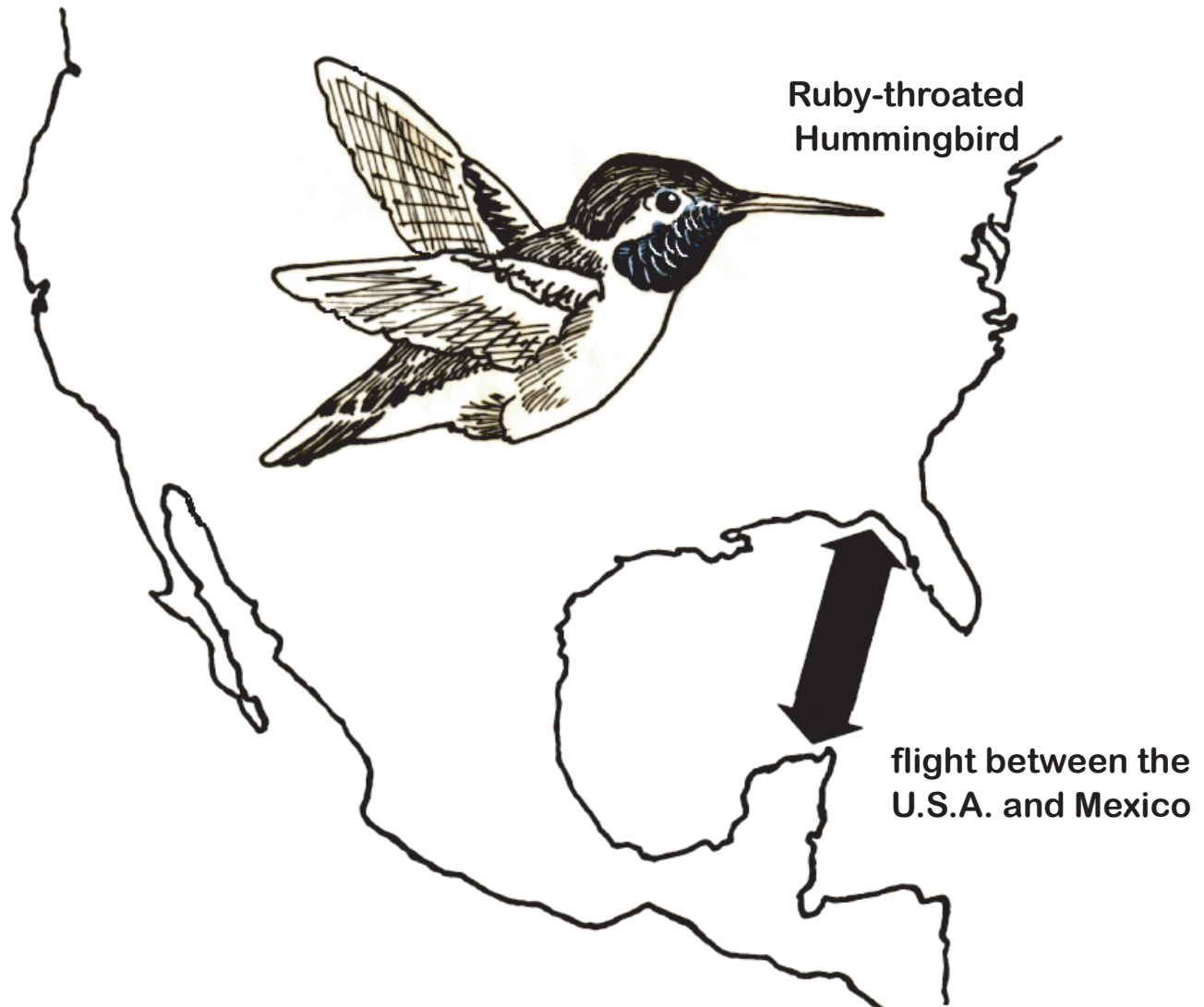


# Carbo-loading

## Quick Read

### How far can a hummingbird fly?



Some hummingbirds fly 600 miles without resting.

They fly from the U.S.A. to Mexico.

Before going, they eat lots and lots of food.